

Eco-Cuisine Beef Style Burger QM

Nutrition Facts

116 servings per container

Serving size 1/3 cup (40g)

Amount Per Serving

Calories **140**

% Daily Value*

Total Fat 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg **0%**

Sodium 390mg **17%**

Total Carbohydrate 11g **4%**

Dietary Fiber 4g **14%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 22g **34%**

Vitamin D 0mcg **0%**

Calcium 104mg **8%**

Iron 2.7mg **15%**

Potassium 705mg **15%**

Iodine **8%**

Magnesium **15%**

Zinc **10%**

Selenium **8%**

Copper **10%**

Manganese **45%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.